



March 25, 2020

Dear Svaroopā Yogi,

Your health and well-being, and that of the world, continue to be of primary importance to us. Given the recent activity of the coronavirus in our area, we are now in a stay-at-home order until at least April 6. This mitigation plan is to help save lives in our county as well as across America. This is a priority. We are cancelling our programs at our retreat center in Downingtown PA as well as our travel Mandali programs through April 6th.

We know that your yoga practices are important to you. We are developing some new offerings for you to practice and study from home. Watch our websites and upcoming emails for more information by the end of the week.

How long will we be closed? It's a [waiting game](#) as Gurudevi Nirmalananda described in her newest blog. We continue to monitor the CDC as well as the Pennsylvania Department of Health websites daily. We look forward to resuming our normal schedule when we can.

In loving service,

Swami Satrupananda