

Svaroopa Vidya Ashram

2026 Yogimmersions

Deep & Easy

Svaroopa® yoga sparks your own healing power, your creativity, compassion and caring. Simply show up and settle inward. Work with the system because the system works.



PROGRAM	BEGINS	ТҮРЕ	LOCA	TION
Healing Retreat	Jan 13	Healing Retreat	0	(
Shaktipat Retreat	Jan 30	Practices Retreat	0	
YTT Level 2	Feb 21	YTT	0	
Embodyment Plus	March 23	EYTS	0	
Shaktipat Retreat	May 1	Practices Retreat	0	(#)
YogaBody Classroom Therapeutics	May 19	EYTS	0	(4)
Healing Retreat	May 26	Healing Retreat	0	
Vows Prep Retreat	July 5	Practices Retreat	0	
Vowed Members Retreat	July 8	Practices Retreat	0	
Shaktipat Retreat	July 31	Practices Retreat	0	
Healing Retreat	Aug 25	Healing Retreat	0	
YTT Level 3	Sept 11	YTT	0	
Deceptive Flexibility 1	Oct 17	EYTS	0	
India with Gurudevi*	Nov 9	Practices Retreat	0	
Healing Retreat	Dec 1	Healing Retreat	0	(1)
Shaktipat Retreat	Dec 27	Practices Retreat	0	(1)

On-Site programs are in Downingtown PA unless otherwise noted

EYTS — Enrich Your Teaching Skills YTT — Yoga Teacher Training Call (610) 806-2119; email programs@svaroopayoga.org Published 8/20/25. Subject to change without notice. Copyright © 2025, Svaroopa® Vidya Ashram, All Rights Reserved. SVAROOPA® and EMBODYMENT® are registered service marks of Svaroopa® Vidya Ashram.

Online programs are on ZOOM in the USA Eastern Time Zone

^{*} India Retreat is in Ganeshpuri MH, India